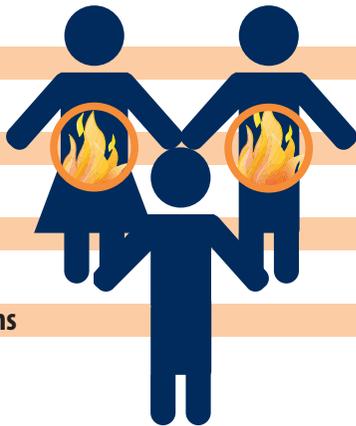


# IBS

**Chronic constipation, diarrhea, abdominal discomfort, and bloating** are often placed under the umbrella of “IBS” or irritable bowel syndrome. Sometimes there are underlying causes of IBS that go undetected by conventional testing. **Food allergies, maldigestion, parasites, yeast, bacterial imbalances, and inflammation** can all contribute to IBS. Identifying these abnormalities through Genova’s testing allows your clinician to make treatment adjustments that can improve your symptoms.

## Do You Suffer from Any of the Following Symptoms?

- Gas
- Bloating
- Abdominal Pain
- Diarrhea
- Constipation
- Fatigue
- Chronic Skin Conditions



**If So, Talk to Your Doctor Today.**

**Genova testing provides comprehensive information that can be used for the development of a personalized treatment plan.** Symptoms often improve when identified functional imbalances and inadequacies return to normal through targeted approaches to diet, lifestyle, and supplements.

For more information on our testing, please visit [www.gdx.net](http://www.gdx.net) and ask your clinician if one of our testing options is right for you.

## GASTROINTESTINAL TESTING

# Uncover the cause of your Gastrointestinal symptoms



**GENOVA**  
DIAGNOSTICS®

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**GENOVA**  
DIAGNOSTICS®



Digestive problems are one of the most common reasons people seek medical advice.

## About Genova Diagnostics

Genova Diagnostics is a leader in providing comprehensive laboratory testing. With 30+ years of extensive experience and expertise, our testing services are provided around the world. Our vision is to improve the lives and well-being of individuals by bringing insights to the complexity of health.

Genova offers a large variety of testing options including Nutritional, Gastrointestinal, Hormonal, Genomic, and Environmental laboratory tests.

- Fully licensed by The Clinical Laboratory Improvement Amendments (CLIA), a federal agency regulating clinical laboratory testing on humans.
- Established in 1986, Genova is headquartered in Asheville, NC and has locations in Atlanta, GA & London, England.
- Genova testing is only available through your doctor or other healthcare provider.
- Genova accepts all commercial insurance plans, works with Government payors, and offers payment plans for patients.



### Stool Testing

The **GI Effects Comprehensive Stool Profile** and the **Comprehensive Digestive Stool Analysis 2.0 (CDSA2.0)** provide data on inflammation and how well you digest and absorb the food you eat. Additionally, the profiles provide a detailed picture regarding the balance of yeast, parasites, and healthy and unhealthy bacteria that live in our large intestine. This bacterial population is called the microbiome.

Many patients do not realize that in addition to gastrointestinal complaints, systemic diseases can be linked to the GI tract. Improving the health of your gut may improve your overall health.

### Small Intestinal Bacterial Overgrowth (SIBO) GASTROINTESTINAL

### Breath Testing

**Small Intestinal Bacterial Overgrowth (SIBO)** is a condition that results in excessive bloating and gas, especially after meals, as well as other IBS symptoms.

Genova's non-invasive SIBO breath test can detect the gases that are produced by the bacteria. Treatment often involves eliminating the overgrowth with antibiotics, herbal supplements, and/or a specialized diet.

Genova offers a **2 or 3-hour SIBO assessment**. The 3-hour SIBO profile provides insight into gas levels over a longer period of time, and is recommended for patients with slower gastrointestinal transit or constipation.

