


Passive Movements



1. Passive Stimulation from the Feet




2. Passive Stimulation from the Knees



3. Passive Stimulation from the Hip




4. Passive Stimulation from the Ribcage

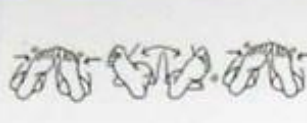


5. Passive Rolling of the Bottom

Active Movements



6. Rotation of Head from Side to Side



8. The Windscreen Wipers



10a. Rocking Body Hands and Feet




10c. Rocking Body Feet Only




11. Thumping Head into Pillow




7. Sliding on Ones Back



9. Rolling the Bottom from Side to Side




10b. Rocking Body Hands Only




12. Crawling - Using all Toes on the Floor

Kneeling and Sitting Movements




13a. Cat Arches Head Down




14a. Somersault Rolling To Nose



15a. Rocking On Hands and Knees - Back




16. Pulling Forward and Straightening Back



17a. Sagging Lumbar Spine




13b. Cat Arches Head Up



14b. Somersault Rolling To Head



15b. Rocking on Hands and Knees - Forward



17b. Arching Lumbar Spine